



PERSONAL EQUIPMENT LIST – BASECAMP & FAMILY ADVENTURES

(Leader: Please distribute)

If you will be involved in any of the following activities, either apart from or in addition to a full-scale backpacking trip, **please** bring the following items in addition to your normal change of clothes.

Rock Climbing

Avoid tight clothing that will hinder a full range of motion

- | | |
|---|---------------------------------------|
| _____ LONG PANTS (<i>required</i> to participate in rock climbing) | _____ Something to tie your hair back |
| _____ Raincoat | _____ Sunscreen |
| _____ Closed toe shoes. No sandals or flipflops. | _____ Lip balm |
| | _____ Sunglasses |

Browns Canyon Adventure Park

Avoid any loose or dangly clothing or items. No loose jewelry, drawstrings, nothing in pockets.

- | | |
|---|---------------------------------------|
| _____ Outdoor clothing, no skirts, dresses. Long pants or long shorts are ok. | _____ Something to tie your hair back |
| _____ Closed toe shoes | _____ Sunscreen |
| | _____ Lip balm |

Day Hiking

- | | |
|--|--|
| _____ Shorts | _____ Sunscreen |
| _____ Long pants | _____ Lip balm |
| _____ Wool or fleece/pile jacket (nothing too bulky) | _____ Sunglasses |
| _____ Raincoat (provided if you do not have one) | _____ Water bottle (1 quart Nalgene bottles are best; we will provide them but it is nice to bring your own; we also have them to purchase in our lodge) |
| _____ Wool or fleece/pile hat or cap | |
| _____ Hiking boots (High top tennis shoes-OK) | |

Half and Full Day Rafting

- | | |
|---|--|
| _____ Swim suit | _____ Sunscreen |
| _____ Nylon quick drying shorts | _____ Lip balm |
| _____ Polypro clothing (available for rental from Noah's) | _____ (optional) Sun visor or ball cap |
| NO COTTON CLOTHING!!!! | _____ (optional) Disposable Waterproof Camera (available for purchase at Noah's) |
| | _____ Sunglasses w/keeper strap |

Overnight Rafting

Note: We provide you with dry bags for the trip.

- | | |
|---|---|
| _____ All of the above items listed for half and full day rafting | _____ Additional old pair of footwear (one for camp, one for raft) |
| _____ Long pants | _____ Bug repellent |
| _____ Pair of shorts | _____ Any necessary medication |
| _____ Short sleeve shirt | _____ Sleeping bag rated to 20° or warmer (Rentals available for \$9 per night.) |
| _____ Long sleeve shirt | _____ <u>Sleeping bags can be reserved in advance to guarantee availability.</u> |
| _____ Wool or fleece/pile jacket (avoid bulky items) | _____ Tents (provided by Noah's on Basecamp trips) |
| _____ Wool socks | |
| _____ Toiletries | |

Noah's Ark rents the following gear (no reservations necessary; prices subject to change.)

	Half Day	Full Day	Other Items:	
Wetsuit	\$9	\$12	Sleeping Bags	\$9/night (with insolate pad)
Booties	\$6	\$8	Showers	\$0.50 for 5 minutes (quarters)
Splash Jacket	\$7	\$9		
Polypro Shirt	\$4	\$5		

Overnight Stay on the Campground

If you are staying on the campground, bring your own tents if your group is not reserved for a weatherport. Bring or rent a 0°-20° sleeping bag and pad. Air mattresses or cots are discouraged. Optional, bring a towel and any toiletries you need for showers, necessary medication, glasses or contacts, hand sanitizer, etc. Headlamp or flashlight, water bottle. Matches or lighter, and newspaper/kindling for campfires, when allowed. Firewood is provided.

Electricity is extremely limited on the campground.