



WHITewater RAFTING CO. & ADVENTURE PROGRAM LTD.

## 3-6 DAY BACKPACKING TRIP PACKING LIST

Noah's Ark provides most of the necessary wilderness equipment for your trip. You will need the personal items listed below. Keep in mind that the weather in Colorado can change rapidly. Rain or snow showers are likely and temperatures can vary from 25 degrees to 80 degrees. **Please try to AVOID bringing COTTON clothing. Try to bring "layering" clothes that are wool/synthetic** (polyester, polypropylene, polartec, fleece, synchilla, capilene, etc.). Outfit repeating is recommended. Think like a minimalist. **Remember, whatever you bring on the backpacking trip you will be carrying the entire time on your back. The lighter the better!**

\* **May - early June trips may experience colder temperatures and possible snow on the trail**

\* **Late June - August trips may experience raining monsoon weather**

\* **Quantity items, adjust for number of trail days**

- Warm Socks (2-4)
- Athletic Shoes or Hiking Boots (*Closed-toed shoes are required*) (1)
- Lightweight camp shoes to get out of hiking shoes while at camp (crocs, sandals, etc.) (1)
- Underwear (2-4)
- Shorts (1-2)
- Long Pants (Athletic or hiking pants) (1)
- Warm bottoms for May - early June, optional for late June - Aug. (ex. Fleece pants, long underwear, leggings, etc) (1)
- Rain Pants (optional)
- T-shirts (1-2)
- Long sleeved shirt for May - early June, optional for late June (1)
- Warm upper body layer (fleece, flannel etc.) (1)
- Warm Jacket – warmer winter jacket for May- early June, lighter weight "Puffy" for late June- Aug. (1)
- Rain Jacket (jacket with hood or poncho that repels water) (1)
- Warm Hat/Beanie for May - early June, optional for late June - Aug. (1)
- Warm gloves for May - early June, optional for late June - Aug. (1)
- Sun Hat/Baseball Cap (1)

### Personal Equipment:

- Zip lock bags to keep items dry (at least 3)
- Water Bottles (1 Liter Capacity)
- Camp mug, bowl, spoon (Lightweight)
- Headlamp (extra batteries)
- Sunglasses
- Sunscreen
- Lip Balm
- Insect Repellent
- Sleeping Bag (20 degrees or warmer) **Sleeping Bag Rentals available for \$9/night**
- Sleeping pad (included in trip if you need)
- Small camp chair (can rent a crazy creek chair for \$15 at our lodge)
- Toiletries, hand sanitizer, contact lenses, prescription glasses
- Notebook/pen/pencil
- Camera and battery (optional)
- Prescribed Medication (if applicable) in ORIGINAL container/bottle ONLY
- 3 - 5 Clif Bars/Protein Bars/Luna Bars or other snacks
- Trash bags for dirty clothes (2)

If you are rafting and/or rock climbing with us, double check the Family Adventure Equipment List at on our website at <https://noahsark.com/release-forms-equipment/>

### DO NOT BRING:

Illegal drugs, marijuana, THC edibles, vapor pens/e-cigarettes, tobacco products of any kind, guns/explosives, weapons/knives, fireworks, lighters, blow-dryers, curling irons, electronic games, pets, valuables/personal prized possessions, or anything too heavy

### Noah's Ark will/can PROVIDE:

Group First Aid Kit, Meals and snacks for the entire group, Water purification equipment, tents, backpacks, and other community gear. You are welcome to bring your own backpack (55 Liters or more) if you would like.